

02/19/22 2022 North West Championships - Classic Powerlifting - Women

Classic Powerlifting - Women	IPF Wt CIs	Name	Team	Div	Bwt - kg	Birth Year		SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	Place	IPF GL Points	Qualified for SA Champs
Youth																							
	40	Kay-Dee Van Rooyen	NW	F-Y-U	38,05	29/08/2008		40,0	45,0	50,0	50,0	-25,0	25,0	0,0	25,0	45,0	50,0	55,0	55,0	130,0	1	46,02	Q
	57	Roxane Nel	NW	F-Y-U	56,05	05/04/2010		30,0	35,0	-40,0	35,0	20,0	25,0	27,5	27,5	45,0	50,0	55,0	55,0	117,5	1	27,92	Q
Subjunior																							
	63	Alexis Nel	NW	F-SJ-U	58,50	02/02/2008		50,0	55,0	65,0	65,0	30,0	32,5	37,5	37,5	70,0	80,0	90,0	90,0	192,5	1	44,30	Q
Open																							
	63	Samantha Palm	NW	F-O-U	60,50	18/10/1984		85,0	0,0		85,0	45,0	0,0	0,0	45,0	90,0	0,0		90,0	220,0	1	49,44	Q
	76	Charlene Joubert	NW	F-O-U	73,10	09/12/1991		100,0	105,0	107,5	107,5	47,5	-50,0	50,0	50,0	145,0	150,0	157,5	157,5	315,0	1	63,29	Q
	76	Michelle Van Der Merwe	NW	F-O-U	75,50	24/03/1986		80,0	85,0	90,0	90,0	50,0	52,5	55,0	55,0	110,0	117,5	125,0	125,0	270,0	2	53,40	Q
	84	Esmerelda Marshall	NW	F-O-U	76,65	01/05/2000		95,0	100,0	110,0	110,0	50,0	55,0	-60,0	55,0	120,0	130,0	145,0	145,0	310,0	1	60,88	Q
	84+	Kay-Lee Steyn	NW	F-O-U	128,80	29/08/1994		140,0	150,0	0,0	150,0	50,0	55,0	0,0	55,0	120,0	0,0		120,0	325,0	1	55,11	Q

02/19/22 2022 North West Championships - Classic Powerlifting - Men

Classic Powerlifting - Men	IPF Wt CIs	Name	Team	Div	Bwt - kg	Birth Year		SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	PI/Div/CIs/Event	IPF GL Points	Qualified for SA Champs
Subjunior																							
	74	Braam Nel	NW	M-SJ-U	73,00	09/04/2004		100,0	115,0	125,0	125,0	60,0	65,0	-70,0	65,0	145,0	155,0	160,0	160,0	350,0	1	51,75	Q
Junior																							
	93	Marco de Beer	NW	M-J-U	88,95	03/01/2001		175,0	200,0	202,5	202,5	90,0	110,0	-122,5	110,0	200,0	230,0	235,0	235,0	547,5	1	73,21	Q
	105	Marchelle Strydom	NW	M-J-U	101,35	09/10/2003		180,0	195,0	210,0	210,0	80,0	95,0	105,0	105,0	180,0	205,0	215,0	215,0	530,0	1	66,53	Q
Open																							
	66	Tshepo Kotsi	NW	M-O-U	65,20	11/02/1998		130,0	140,0	150,0	150,0	80,0	95,0	-97,5	95,0	220,0	-230,0	-230,0	220,0	465,0	1	72,96	Q
	66	Sipho Sekhute	NW	M-O-U	65,40	20/07/1987		-120,0	120,0	130,0	130,0	70,0	80,0	-90,0	80,0	150,0	160,0	165,0	165,0	375,0	2	58,74	
	66	Phila Ndlovu	NW	M-O-U	62,00	20/09/1998		-110,0	110,0	-120,0	110,0	70,0	80,0	-90,0	80,0	160,0	-170,0	170,0	170,0	360,0	3	58,01	
	66	Andries Bredenkamp	NW	M-O-U	64,25	11/04/1993		-120,0	-120,0	-130,0	0,0	80,0	-100,0	-100,0	80,0	120,0	130,0	160,0	160,0	0,0		0,00	
	83	Sabata Dlatleng	NW	M-O-U	79,85	23/11/1983		170,0	-180,0	180,0	180,0	100,0	110,0	125,0	125,0	170,0	195,0	210,0	210,0	515,0	1	72,70	Q
	93	Elfranco Holder	NW	M-O-U	87,00	31/03/1993		150,0	165,0	175,0	175,0	130,0	150,0	-160,0	150,0	210,0	240,0	250,0	250,0	575,0	1	77,74	Q
	93	Yukile Senama	NW	M-O-U	90,00	18/05/1998		-150,0	150,0	160,0	160,0	100,0	112,5	117,5	117,5	210,0	-225,0	-225,0	210,0	487,5	2	64,81	
	105	Willie Combrink	NW	M-O-U	103,70	17/11/1987		230,0	250,0	-272,5	250,0	130,0	150,0	-155,0	150,0	270,0	-290,0	290,0	290,0	690,0	1	85,69	Q
	105	Azairel Ndoni	NW	M-O-U	101,10	26/06/1987		230,0	235,0	240,0	240,0	120,0	135,0	-137,5	135,0	240,0	250,0	-255,0	250,0	625,0	2	78,55	Q
	105	Michael Jardine	NW	M-O-U	104,45	04/08/1988		170,0	180,0	-190,0	180,0	100,0	-110,0	-110,0	100,0	-190,0	190,0	-195,0	190,0	470,0	3	58,17	
	120	Amerko Ndubane	NW	M-O-U	119,20	09/10/1993		220,0	230,0	240,0	240,0	130,0	140,0	150,0	150,0	220,0	-250,0	250,0	250,0	640,0	1	74,62	Q
Master 1																							
	105	Quintin van der Merwe	NW	M-M1-U	99,00	17/07/1982		175,0	190,0	200,0	200,0	100,0	110,0	120,0	120,0	180,0	210,0	240,0	240,0	560,0	1	71,08	Q
	120	Madikane Faku	NW	M-M1-U	119,05	21/07/1975		220,0	-240,0	240,0	240,0	70,0	80,0	95,0	95,0	260,0	280,0	290,0	290,0	625,0	1	72,91	Q

02/19/22 2022 North West Championships - Qualifiers from Gauteng and KZN

Qualifiers from Gauteng and KZN	IPF Wt CIs	Name	Team	Div	Bwt - kg		Birth Year			SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total			IPF GL Points	Qualified for SA Champs
Classic Powerlifting	57	Megan Stringer	KZN	F-SJ-U	55.05		27/02/2005			90,0	97,5	102,5	102,5	-45,0	45,0	47,5	47,5	90,0	-95,0	95,0	95,0	245,0			59,03	Q
	76	Erin Collins	G	F-J-U	71,50		10/01/2001			105,0	112,5	120,0	120,0	55,0	60,0	65,0	65,0	125,0	140,0	155,0	155,0	340,0			69,10	Q
	52	Farzana Botha	G	F-O-U	51,55		31/10/1985			75,0	85,0	90,0	90,0	50,0	60,0	-65,0	60,0	120,0	140,0	145,0	145,0	295,0			75,05	Q
	57	Shelby Van Tonder	G	F-O-U	55,25		24/03/1997			65,0	75,0	85,0	85,0	30,0	40,0	45,0	45,0	80,0	92,5	105,0	105,0	235,0			56,46	Q
	63	Megan Leighton	G	F-O-U	62,45		15/01/1996			100,0	110,0	115,0	115,0	50,0	57,5	62,5	62,5	110,0	125,0	135,0	135,0	312,5			68,76	Q
	69	Shakirah Limbada	G	F-O-U	67,30		24/03/1985			65,0	75,0	85,0	85,0	35,0	45,0	50,0	50,0	80,0	100,0	-110,0	100,0	235,0			49,38	Q
	69	Rashmi Rekha Bokolial	G	F-O-U	65,20		07/07/1984			-65,0	65,0	72,5	72,5	30,0	40,0	45,0	45,0	80,0	100,0	115,0	115,0	232,5			49,78	Q
	84+	Alisha Johnson	G	F-O-U	101,00		22/08/1995			95,0	115,0	-125,0	115,0	40,0	45,0	47,5	47,5	105,0	122,5	137,5	137,5	300,0			53,36	Q
	76	Jodi Poxon	G	F-M1-U	76,00		04/02/1975			90,0	100,0	110,0	110,0	57,5	60,0	62,5	62,5	100,0	115,0	130,0	130,0	302,5			59,64	Q
	84+	Michele Townsend	G	F-M1-U	128,20		14/12/1976			95,0	105,0	115,0	115,0	40,0	50,0	55,0	55,0	100,0	120,0	140,0	140,0	310,0			52,60	Q
	83	Timi Oluwole	G	M-SJ-U	77,55		10/03/2005			130,0	150,0	160,0	160,0	-80,0	80,0	90,0	90,0	150,0	165,0	180,0	180,0	430,0			61,62	Q
	59	Cainan Nanthan	G	M-J-U	56,65					70,0	80,0	90,0	90,0	60,0	67,5	70,0	70,0	112,5	122,5	132,5	132,5	292,5			49,47	Q
	66	Akhona Prince Sibulawa	G	M-J-U	62,10		05/12/2001			100,0	115,0	122,5	122,5	95,0	-97,5	-97,5	95,0	120,0	122,5	130,0	130,0	347,5			55,95	Q
	74	Aphiwe Danisa	G	M-J-U	72,80		18/08/1999			-150,0	150,0	160,0	160,0	90,0	100,0	-110,0	100,0	200,0	-220,0	220,0	220,0	480,0			71,07	Q
	83	Caneous Mdluli	G	M-J-U	77,60		26/08/2000			150,0	-210,0	0,0	150,0	100,0	110,0	120,0	120,0	150,0	0,0		150,0	420,0			60,17	Q
	120+	Zafar Suleman	G	M-J-U	152,40		27/02/2000			220,0	230,0	240,0	240,0	140,0	-160,0	150,0	150,0	220,0	240,0	-260,0	240,0	630,0			66,47	Q
	93	Sibusiso Sishi	G	M-O-U	91,15		22/06/1985			220,0	230,0	-235,0	230,0	130,0	140,0	150,0	150,0	240,0	260,0	-275,0	260,0	640,0			84,55	Q
	93	Wessel Davel	G	M-O-U	91,80		05/12/1993			190,0	200,0	202,5	202,5	110,0	112,5	125,0	125,0	200,0	220,0	240,0	240,0	567,5			74,71	Q
	105	Hanno de Villiers	G	M-O-U	100,10		02/11/1994			200,0	0,0		200,0	120,0	130,0	-140,0	130,0	200,0	-230,0	-240,0	200,0	530,0			66,92	Q
	120+	Stefan Schroder	G	M-O-U	140,50		13/12/1992			210,0	230,0	250,0	250,0	185,0	200,0	-215,0	200,0	245,0	260,0	275,0	275,0	725,0			78,92	Q
	83	Yaniv Lacob	G	M-M1-U	79,40		21/12/1974			110,0	122,5	130,0	130,0	105,0	-112,5	-112,5	105,0	125,0	135,0	145,0	145,0	380,0			53,80	
	93	Yohan Assous	G	M-M1-U	88,05		08/04/1976			145,0	160,0	170,0	170,0	110,0	120,0	-125,0	120,0	190,0	205,0	-210,0	205,0	495,0			66,52	Q
	74	Niis Tania	G	M-M2-U	73,85		18/02/1966			130,0	140,0	150,0	150,0	70,0	80,0	87,5	87,5	130,0	150,0	160,0	160,0	397,5			58,42	Q
	105	Derek Hayden	G	M-M2-U	101,50		24/02/1968			140,0	150,0	160,0	160,0	90,0	100,0	105,0	105,0	160,0	167,5	175,0	175,0	440,0			55,19	Q
Equipped Powerlifting	120	Justin Furman	G	M-JR	117,15					240,0	260,0	0,0	260,0	135,0	140,0	-145,0	140,0	250,0	-280,0	0,0	250,0	650,0			63,41	
Equipped Bench	83	Carel Jansen	G	M-M1	81,70		15/06/1976							120,0	-125,0	-125,0	120,0					120,0			43,20	